



GROUP SERVICES

Adoption and Foster Parent Support & Education Group



Adoptive and foster parents can benefit from being a part of a community of peers where they can talk about similar experiences and learn from one another. Adoption and foster parent support and education groups can provide this helpful community of shared experiences.

The group leader(s) will provide psychoeducation on attachment theory in addition to practical application of tools to promote and enhance attachment between children/adolescents and their parent(s) or caretaker(s). Group goals include:

- To create a trusting and supportive environment where adoptive and foster parents can share their experiences, challenges, and questions, and provide and accept support from other group members who have experienced similar situations;
- To develop or strengthen effective coping skills of parents/caretakers, and;
- To strengthen the attachment bond between the child/adolescent and their parent(s)/caretaker(s).

GIL INSTITUTE GROUPS ARE FORMED BASED ON REFERRAL PATTERNS. PLEASE EMAIL JENNIFER HANNETT, LCSW FOR MORE INFORMATION AND TO BE PLACED ON OUR WAITING LIST: jhannett@gilinstitute.com