



G I L I N S T I T U T E

for trauma recovery & education

GROUP FOR CAREGIVERS OF CHILDREN WHO HAVE A HISTORY OF TRAUMA

Children who have experienced trauma in their early years require sensitive, trauma-informed parenting, and their caregivers require both strategies and support. Trauma, remembered, or not, can affect children's every day functioning, and impacts how they act and interact within the family. In this group, caregivers and parents will come together to receive support and education about trauma, the effects of trauma, and how to help their children heal. We will discuss the latest science, attachment, concrete parenting techniques, and how mindfulness can play an important role in improving family functioning. The group will provide a safe and empathic environment for parents to share and process the challenges and successes that come with raising children with trauma histories.

JANUARY 2017: PARENT GROUP DETAILS



DURATION 8 group sessions

COST \$75 / session

START DATE January 5, 2017

DAY / TIME Thursdays, 6PM to 7:15PM

AGE RANGE Parents and caregivers

CLINICIAN Francine Ronis, LPC

EMAIL francine.ronis@gmail.com

PHONE 571.213.9215

8626 Lee Highway, Ste. 200, Fairfax, VA 22031

P: 703.560.2600 F: 703.560.2622

www.gil institute.com